



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>Location Guide: CH- Chapel SR- Sun Room SP- Sensory Patio BW- Breezeway HCP-Health Center Patio NAV- Navigage Room FR-Fountain Room WC- Wellness Room Alcove is in the RDR</p>	<p>9:00 Exercise/CH 1 9:30 Solheim Walking Club/BW 10:00 Bible Study / CH 11:00 Word Games / FR 1:30 Church Council / SR 1:30 Bingo / NAV 3:00 Yahtzee / SR</p> <p style="text-align: center; font-size: small;">All Fools' Day</p>	<p>9:00 Exercise/CH 2 10:00 Sing-Along w/ Eve/ CH 11:15am- Outing to Descanso Gardens! 11:30 Music & Movement w/ Rachel/ NAV 1:30 Tile Rummy/ SR 2:00 Saying Farewell to the USC Tuesday OT Students! / NAV 4:00 The Chosen S3E2 (Netflix)</p>	<p>9:00 Exercise/CH 3 9:30 Solheim Walking Club/BW 10:00 Coffee w/ Sam / Alcove 11:00 Chair Yoga w/ Rosalie /CH 1:30 Local Shopping 1:30 Super Bingo/NAV 2:30 Farewell to the USC Wednesday OT Students /NAV 3:30 Prayer Service/CH</p>	<p>9:00 Exercise/CH 4 10:00 Food Forum w/ Dining Services / NAV 1:30 Tile Rummy 1:30 Brain Games w/ Barbara/ NAV 2:30 Farewell to the USC Thursday OT Students / NAV 3:30 Library Committee / SR</p>	<p>9:00 Exercise/CH 5 10:00 Painting Pots w/ USC Friday OT Students / NAV 11:00 Mobility Class w/ Barbara/ CH 1:30 Bingo/NAV 3:00 Happy Hour & Farewell to the USC Friday OT Students! Live Music by Elias w/ Love/ RDR</p>	<p>9:00 Exercise Class/CH 6 9:30 Morning Walk / BW 10:00 Solheim Needle Craft Circle / FR 1:30 Movie & Popcorn Oppenheimer (Rated R)/ NAV</p>
<p>Happy Birthday Lynn R. 7 10:00 Tile Rummy/SR 2:00 Sunday Worship/CH</p>	<p>9:00 Exercise/CH 8 9:30 Solheim Walking Club/BW 10:15 SUNsational Social 11:00 Solar Eclipse Viewing Party w/ Word Games & Trivia! 1:30 Bingo / NAV 3:00 Hand & Foot/ Canasta / SR</p>	<p>9:00 Exercise/CH 9 10:00 Resident Council Meeting/CH 11:30 Music & Movement w/ Rachel/NAV 1:30 Local Shopping 1:30 Tile Rummy / SR 1:30 Spa Day in the Wellness Center 3:00 Sell the Sizzle w/ Barbara/ NAV 4:00 The Chosen S3E3 (Netflix) /FR</p>	<p>9:00 Exercise/CH 10 10:00 Solheim Walking Club Outside of the Rose Bowl 10:30 Yahtzee / SR 11:00 Chair Yoga w/ Rosalie /CH 1:30 Super Bingo/NAV 3:30 Prayer Service / CH</p>	<p>9:00 Exercise/CH 11 10:00 Resident Townhall / CH 11:30 Catholic Mass w/ Father Frances / CH 12:00 April Birthday Lunch / RDR 1:00 Pet Therapy w/ Astro / FR 2:00 Hymn Sing-along / CH 3:00 Smoothie Social / BW</p>	<p>9:00 Exercise/CH 12 10:30 Adventures w/ Doug Crystal Ice Cave / NAV 1:30 Bingo/ NAV 3:00 Happy Hour w/ Robin & Norm / RDR</p>	<p>9:00 Exercise Class/CH 13 10:00 American Songbook Series w/ Seth Becker / NAV 11:00 Canvas Painting / FR 2:30 Afternoon Concert w/ the LA Clarinet Choir / RDR</p>
<p>10:00 Tile Rummy/SR 14 2:00 Sunday Worship/CH</p>	<p>9:00 Exercise/CH 15 9:30 Solheim Walking Club/BW 10:00 Technology Q & A w/ Spenser (Open Forum for Questions) 11:00 Word Games / FR 1:30 Bingo / NAV 3:00 Hand & Foot/ Canasta / SR</p>	<p>9:00 Exercise/CH 16 10:00 Sing-Along w/ Eve/ CH 11:30 Music & Movement w/ Rachel/NAV 1:00 Pet Therapy w/ Astro / FR 1:30 Solheim Music Appreciation Society / NAV 1:30 Tile Rummy/ SR 3:00 Tea Party in the Wellness Center 4:00 The Chosen S3E4 (Netflix) /FR</p>	<p>9:00 Exercise/CH 17 9:30 Solheim Walking Club/BW 10:00 Yahtzee 11:00 Chair Yoga w/ Rosalie /CH 1:30 Local Shopping 1:30 Super Bingo/NAV 3:00 Intro to Therapeutic Gardening/ SP</p>	<p>9:00 Exercise/CH 18 10:00 Baking Club Almond Butter Chia Cookies/NAV 11:00 Coffee & Conversation/ NAV 11:30 Outing to Bonhoeffer Festival 1:30 Brain Games w/ Barbara / NAV 3:00 Chair Volleyball</p>	<p>9:00 Exercise/CH 19 10:00 Playing "7's" 11:00 Mobility Class w/ Barbara/ CH 1:30 Bingo/NAV 3:00 Happy Hour w/ Linda Herman / RDR</p>	<p>9:00 Exercise Class/CH 20 10:00 Solheim Needle Craft Circle / FR 10:30 Solheim Book Club Discussing Barbarian Nurseries /NAV 1:15 Crescendo Young Musicians Guild Perform / CH</p>
<p>10:00 Tile Rummy/SR 21 2:00 Sunday Worship/CH</p>	<p>9:00 Exercise/CH 22 9:30 Solheim Walking Club/BW 10:00 Earth Day Crafts! 11:00 Word Games / FR 1:30 Bingo / NAV 3:00 Hand & Foot/ Canasta / SR</p> <p style="text-align: center; font-size: small;">Passover Begins Earth Day</p>	<p>9:00 Exercise/CH 23 10:00 Yahtzee / FR 11:30 Music & Movement w/ Rachel/NAV 1:00 Pet Therapy w/ Astro / FR 1:30 Tile Rummy/ SR 1:30 Bocce Ball / BW 3:00 Afternoon Entertainment w/ Steve Thompson / RDR 4:00 The Chosen S3E5 (Netflix) /FR</p>	<p>9:00 Exercise/CH 24 Outing to be Announced 11:00 Chair Yoga w/ Rosalie /CH 1:30 Super Bingo/NAV 3:00 Therapeutic Gardening/ SP</p> <p style="text-align: center; font-size: small;">Administrative Professionals Day</p>	<p>9:00 Exercise/CH 25 10:30 Specialty Coffee Club 12:00 Volunteer Appreciation Special Luncheon / SP (Invite Only) 1:30 Painting Club 3:00 Afternoon Margaritas / BW</p>	<p>Happy Birthday Retha M. 26 9:00 Exercise/CH 10:00 Playing "7's" 1:30 Bingo/NAV 3:00 Happy Hour in the WC</p> <p style="text-align: center; font-size: small;">Arbor Day</p>	<p>9:00 Exercise Class/CH 27 9:30 Morning Walk / BW 10:00 Foral Design / FR 11:00 Techy Teens / SR 1:30 Movie & Popcorn The Letter (1940) / FR</p>
<p>10:00 Tile Rummy/SR 28 2:00 Sunday Worship/CH</p>	<p>9:00 Exercise/CH 29 9:30 Solheim Walking Club/BW 10:00 Technology Q & A w/ Spenser (Open Forum for Questions) 11:00 Word Games / FR 1:30 Bingo / NAV 3:00 Hand & Foot/ Canasta / SR</p>	<p>9:00 Exercise/CH 30 10:00 Yahtzee / FR 11:30 Music & Movement w/ Rachel/NAV 1:00 Pet Therapy w/ Astro / FR 1:30 Tile Rummy/ SR 1:30 Spring Door Decorations / NAV 3:00 Afternoon Concert w/ Paul Stein / CH 4:00 The Chosen S3E6 (Netflix) /FR</p>	<h1 style="font-size: 4em; margin: 0;">April 2024</h1>			

Wellness Center – Monday thru Friday (10 am to 4:00pm) **Local Shopping** – Tuesday at 1:30 pm
Hair Salon Hours – Tuesday thru Saturday (details at Front Desk/ Ashley Brayman)